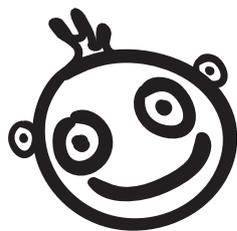


## HELLO THERE!

We've bundled a list of fun activities to keep you and the kids boredom-free. We hope that you find some joy and relief in this compilation.

We'd **LOVE** to see your activities in full swing! Don't forget to share your pictures by sending us a private message to our Facebook page (Police Credit Union) and we'll share our favourites!



Poccu

(THE FURRY GUY YOU SEE IN OUR ADS)



Police  
Credit Union  
Better Banking

**50**  
YEARS STRONG

# EASY + FUN FAMILY ACTIVITIES

## MAKING HOLIDAYS FUN



### 1. GROW THINGS

Anyone can grow a plant, even those without a huge garden! Planting seeds can be a fun activity in itself but it can also be a long term project that teaches kids about responsibility. Choosing to grow edible plants can also teach kids where their food comes from.



### 2. SPOT WILDLIFE

Taking your children on a wildlife adventure can be exciting - and you don't even have to go further than your own yard! Go out at different times of the day to see a variety of wildlife. Make it a game to see how many animals or insects you can spot.

### 3. BAKE WITH MUD

Water and mud are the only ingredients you need to make mud cakes. Kids will love getting their hands dirty and it is bound to keep them occupied for hours.

### 4. OBSTACLE COURSE

Use objects from around the house, like skipping ropes, boxes and hula-hoops to create a course. Building the course is a fun project in itself!

### 5. PICNIC IN THE GARDEN

When the sun's out, take a blanket outside and some healthy finger foods to make sure you get your daily dose of vitamin D.



### 6. LOOK FOR SHAPES IN THE CLOUDS

If you're exhausted from running around after your kids all day, this could be the perfect way to give yourself a break.

### 7. SCAVENGER HUNT

Give the kids a list of items to find in nature, such as mushrooms, feathers, birds nests and spider webs.

### 8. WASH THE CAR

Some soap and sponges could make what is a chore for you, a fun activity for the kids!



### 9. MAKE A NATURE DOCUMENTARY

Use a real or imaginary camera to direct an Attenborough-style documentary - who knows what you might come across!

### 10. LEAF RUBBING

Use leaves found around your garden to make art. Place the leaves under a sheet of coloured paper and rub crayons over each leaf until you can see the impression emerge.

### 11. MAKE SOME PANCAKES

There are plenty of recipes online! Make it a healthy treat and get your kids to decorate the pancakes using cut up fruit.



# EASY + FUN FAMILY ACTIVITIES

## MAKING HOLIDAYS FUN



### 12. TREASURE HUNT

With a little planning, send your kids on a treasure hunt around the garden. Stain a homemade map with coffee and scorch the edges to make it extra effective.

### 13. MAKE MAGIC POTIONS

Create some magic using ingredients that can be found around the house. Baking soda, vinegar, washing up liquid, food colouring and some glitter is all you need to create a fizzing potion.

### 14. PAINT THE DRIVEWAY

Use shop-bought or homemade chalk - made of cornflour, water and food colouring to create temporary art on the driveway or pavement.



### 15. MAKE A BIRD FEEDER

There are plenty of ways to make a bird feeder using items that can be found around the house. Coating a pine cone with a mixture of butter and seeds and hanging it on a tree using string is one easy option.

### 16. HOMEMADE BUBBLES

Instead of buying bubbles from the shop, make it into an arts and crafts project. Bubble solution can be made from warm water, sugar and dish soap. You can also make a DIY bubble wand using pipe cleaners and beads.



### 17. TIE-DYE SHIRTS

You don't need to buy a kit for this, you just need some t-shirts, rubbing alcohol and a spare plain t-shirt. There are plenty of instructions online. What are you waiting for?

### 18. WATER FIGHT

Water balloons, water guns or sponges are all that are needed for a lot of fun on a warm day.



### 19. PAINT ROCKS

Any painting activity will do, but change things up by painting rocks to transform them into animals like a ladybird or a fish!

### 20. MAKE SOME CLOUD DOUGH

Enjoy hours of sensory play and quiet children with this recipe. All you need is a cup of baby oil and 8 cups of flour, then mix well. Add some food colouring for pizzazz!

# EASTER BISCUITS

**BISCUITS, COLOURED ICING, SPRINKLES + CHOCOLATES**

1



SEPARATE ALL YOUR INGREDIENTS INTO SMALL BOWLS.

2



PLACE YOUR ICING INTO ZIP LOCK BAGS AND CUT A SMALL CORNER OFF TO ACT AS A PIPING BAG.

3



IF PIPING BECOMES TOO FIDDLY. USE A SPOON TO SCOOP THE ICING ONTO EACH BISCUIT.

4



CREATE DIFFERENT DESIGNS SUCH AS BUNNIES, CHICKS AND EASTER EGGS.

5



DON'T FORGET THE SPRINKLES!

6



FOR A HEALTHY OPTION, USE OAT COOKIES, GREEK YOGURT, CHOPPED FRUIT AND BERRIES.

# MAKE YOUR OWN BABY CHICKEN

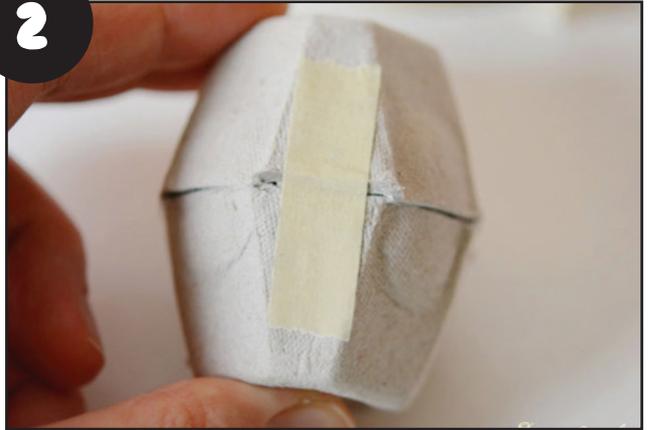
GLUE, EGG CARTON, TAPE, PAINT, SCISSORS + TEXTAS

1



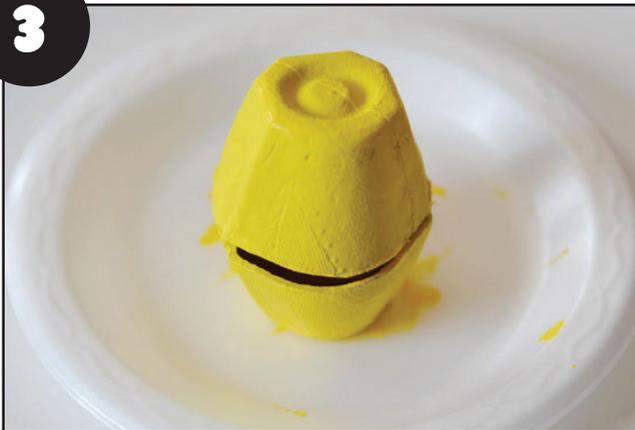
CUT TWO EGG CARTONS TO SHAPE.

2



STICK THEM TOGETHER ON ONE EDGE USING TAPE. MAKE SURE TO ALSO DO THIS ON THE INSIDE TO MAKE IT SUPER SECURE.

3



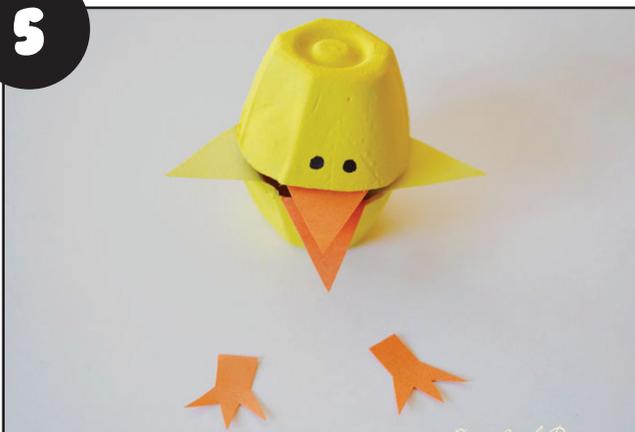
PAINT THE INSIDE AND OUTSIDE OF YOUR EGG CARTON. YOU MAY WANT TO GIVE IT A DOUBLE COAT TO MAKE YOUR CHICK EXTRA BRIGHT.

4



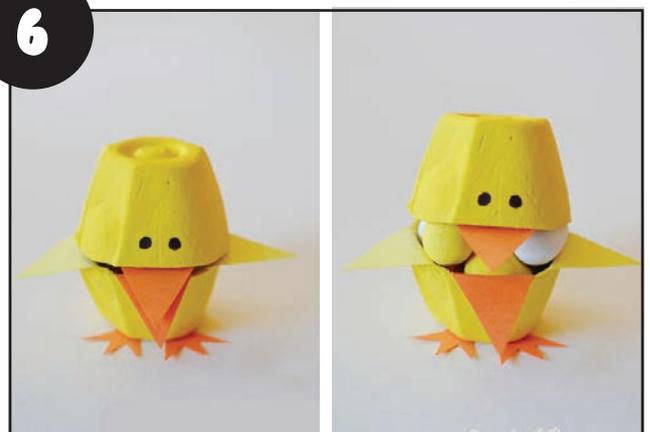
CUT SMALL TRIANGLES OUT OF COLOURED PAPER (OR COLOUR IN WHITE PAPER FOR THE SAME EFFECT).

5



USING GLUE, STICK THE TRIANGLE SHAPES ONTO THE CARTON TO MAKE A BEAK AND WINGS. DON'T FORGET TO ADD SOME FEET AND EYES!

6



OPEN YOUR CARTON AND ADD SOME MINI SURPRISE EASTER TREATS.

# AUTUMN BUGS + BUTTERFLIES

GLUE, PAPER + AUTUMN LEAVES

1



COLLECT VARIOUS AUTUMN LEAVES AND CUT THEM INTO DIFFERENT SHAPES.

2



USE GLUE TO STICK YOUR SHAPED LEAVES ONTO A PIECE OF PAPER.

3



FOR A SYMMETRICAL BUG OR BUTTERFLY, ENSURE YOU HAVE TWO OF THE SAME LEAF SHAPE AND SIZE.

4



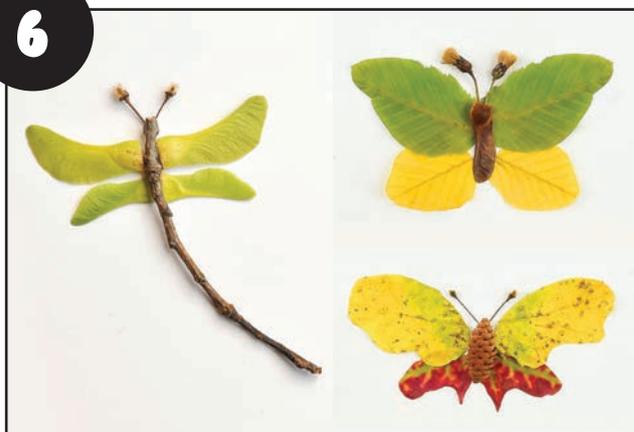
REMEMBER THAT NOT ALL YOUR LEAVES HAVE TO BE CUT TO SHAPE. SOME ARE PERFECT JUST AS THEY ARE.

5



USE SEEDS AND TWIGS FOR YOUR BUTTERFLY HEADS AND BODIES.

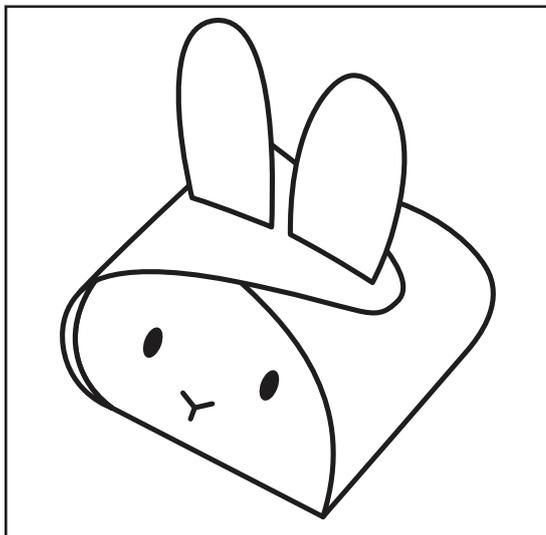
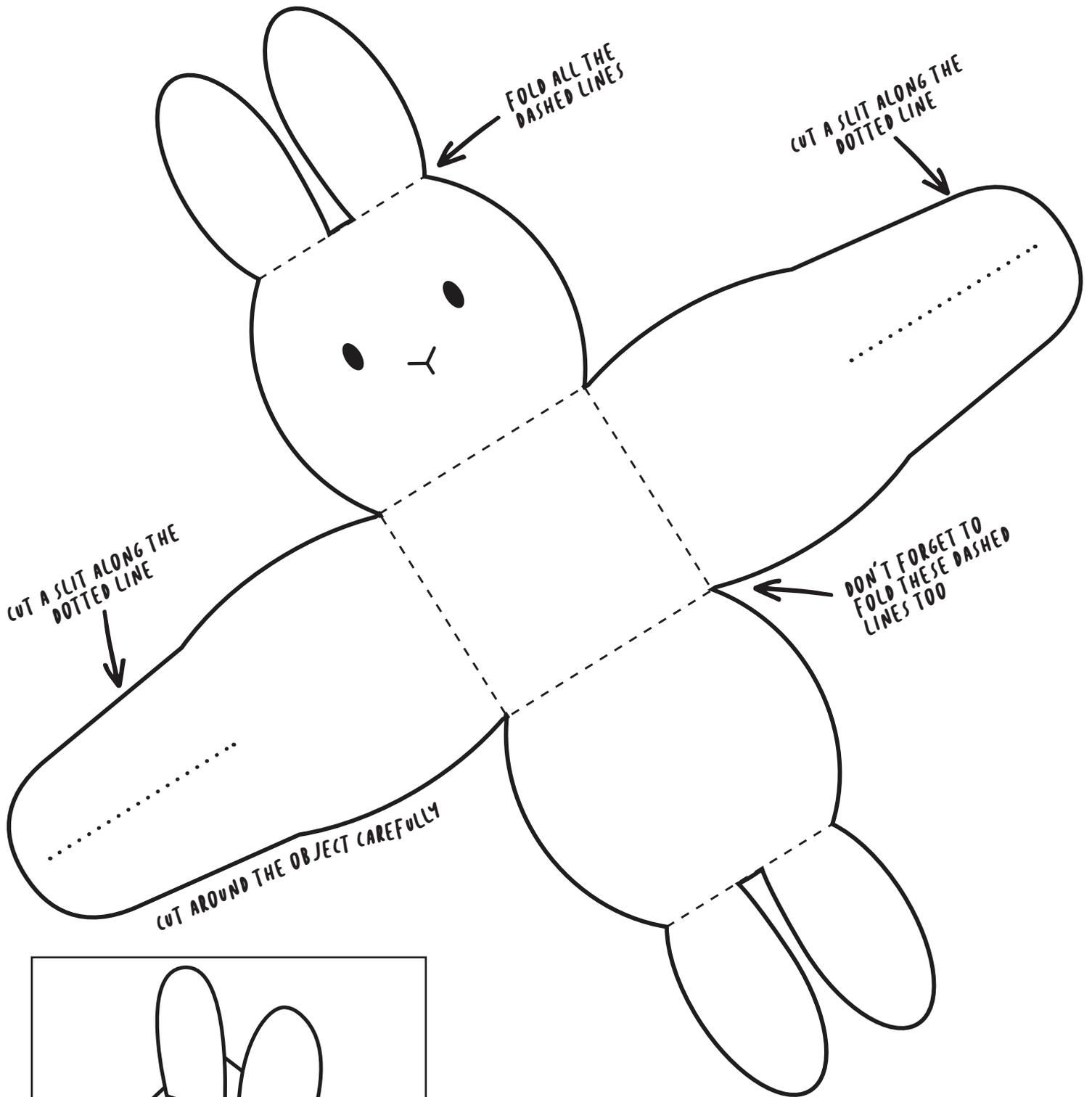
6



MAKE DIFFERENT SHAPES AND EVEN INVENT YOUR OWN INSECTS!

# MAKE THE ULTIMATE EASTER BASKET

PRINTER + PAPER CARD (A3 IS PREFERABLE)



TA-DA! YOUR BASKET SHOULD LOOK LIKE THIS! NOW, DECORATE WITH COLOUR TEXTAS AND FILL WITH YUMMY EASTER EGGS!

# COLOUR ME IN

COLOURED PENCILS, CRAYONS OR PAINTS



# MAKE YOUR OWN GLITTER EGGS

EGGS, TISSUE PAPER, AQUADHERE + GLITTER

1



PREPARE BOILED EGGS AND TISSUE PAPER. CUT TISSUE PAPER INTO SQUARES

2



COVER BOILED EGG WITH AQUADHERE AND STICK TISSUE PAPER ONTO EGG.

3



RUB A THIN LAYER OF AQUADHERE ONTO TISSUE PAPER COVERED EGGS AND SPRINKLE GLITTER. HINT: ONLY DO ONE SECTION AT A TIME TO AVOID EGG STICKING TO TABLE.

4



ALLOW YOUR EGGS TO DRY AND ENJOY THEIR SPARKLY PIZAZZ!

# MAKE YOUR OWN EGG GARDEN

EGGS, SOIL, EGG CARTON + SEEDS

1



CRACK AN EGG FROM THE TOP USING A KNIFE.

2



EMPTY THE CONTENTS (AND PUT ASIDE TO MAKE SOMETHING DELICIOUS). WASH THE SHELLS.

3



USING A TOOTHPICK OR NEEDLE, CAREFULLY PRICK A HOLE IN THE BOTTOM OF THE EGG.

4



USING A TEASPOON, GENTLY PLACE SOIL INTO EGG.

5



PLACE 1-3 SEEDS INTO EGG, COVER WITH SOIL AND USE A MISTER TO WATER REGULARLY. WATCH THE SEEDS GROW!

6



WHEN THE SEEDS ARE 3-4CM TALL, PLACE THE SEEDLING TOGETHER WITH THE EGGSHELL IN A LARGER POT. THE EGGSHELL WILL DECOMPOSE IN TIME.

# COLOUR ME IN

COLOURED PENCILS, CRAYONS OR PAINTS

